



**DIRECT PAY HMO, POS
MONTHLY PREMIUM RATES
JUL – AUG - SEP - 2009**

THE PREMIUM RATES REFLECTED BELOW ARE THE RATES IN EFFECT FOR THE MONTHS SHOWN. HOWEVER, IF YOU ENROLL IN THE HMO OR POS PROGRAM, THE PREMIUM YOU WILL PAY WILL BE BASED ON THE EFFECTIVE DATE OF YOUR CONTRACT. TO LEARN MORE ABOUT THE RATES FOR FUTURE MONTHS, PLEASE CALL THE DEDICATED SERVICE CENTER AT (800) 261-5962.

Monthly Premium Rates for Standard Individual Health Plans

		HMO	POS
New York Region¹	Individual	\$1,110.11	\$1,396.06
	Applicant/Spouse	\$2,220.22	\$2,792.12
	Parent & Child(ren)	\$1,998.20	\$2,512.91
	Family	\$3,330.33	\$4,188.18

		HMO	POS
Mid-Hudson Region²	Individual	\$999.12	\$1,256.51
	Applicant/Spouse	\$1,998.24	\$2,513.02
	Parent & Child(ren)	\$1,798.42	\$2,261.72
	Family	\$2,997.36	\$3,769.53

		HMO	POS
Albany Region³	Individual	\$832.58	\$1,047.04
	Applicant/Spouse	\$1,665.16	\$2,094.08
	Parent & Child(ren)	\$1,498.64	\$1,884.67
	Family	\$2,497.74	\$3,141.12

¹**New York Region:** Bronx, Kings, Nassau, New York (Manhattan), Queens, Richmond, Rockland, Suffolk, and Westchester county.

²**Mid-Hudson Region:** Dutchess, Orange, Putnam, Sullivan, and Ulster county.

³**Albany Region:** Albany, Clinton, Columbia, Delaware, Essex, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington county.